





Counselling Room Aims and Objectives of Counseling 1. To give the student information on matters important to 2. To get information about student which will be of help in solving his/her problems. 3. To establish a feeling of mutual understanding between student and teacher. 4. To help the student work out a plan for solving his /her 5. To help the student know him/ her self better-his /her interests, abilities, aptitudes, and opportunities. 6. To encourage and develop special abilities and right Attitudes. 7. To inspire successful endeavor toward attainment of goals. GPS Map Camera Kolhapur, Maharashtra, India M7P4+MPQ, Shivaji University Kolhapur, Vidya College Rd College Rd Google Nagar, Kolhapur, Maharashtra 416004, India Lat 16.68685° Long 74.256239° 17/03/22 01:07 PM 277

Rajaram College, Kolhapur Psychology Department 2020-2021

Counselling Report

For educational year 2020-21 some counselling cases were found.

- Amruta Kadam (B.A.III) student had come with problem about High-Anxiety. Suggested Mediation Techniques and memory, study Management and Openness to Expressions.
- Ashwini Lohar, M.A.II had problem of preparation of college exam.
 Highly motivated for career so suggested Time Management. Planning,
 Group study and discussion.
- Tasnim Bagwan, (B.A.-III) had problem of after B.A.III which subject
 psychology to be chosen. So suggested that collecting details of
 Psychology subject. Eg. Industrial Psychology, Clinical Psychology etc.
 Advised according to they have subject interest in branches of view of
 career.
- Malapuri Lakai (B.A.III) had problem of preparation of competitive exam. Highly motivated for career so suggested time management.
- Muzzamil Gadakari (B.A.I) had problem of lack of concentration and study problem. Suggested to be avoid unnecessary things, study time table, Time Management and Study habits.

Head,
P.G. Department of Psychology
Rajaram College Kolhapur

